



## EMMANUEL ANGLICAN COLLEGE CANTEEN MENU

Order on [FlexiSchools](#) by 8.30am of day order is required  
 Primary online orders for First Break only | Secondary online orders for Second Break only  
 Over-the-Counter purchases may be made by both Primary and Secondary at either First or Second Breaks  
 Cash or card payments accepted | 'Tap and Pay' using mobile phones are not accepted  
 DF = Dairy Free | GF = Gluten Free | V = Vegetarian

### HOT FOOD

Butter Chicken with Rice		Hot Pies	\$6.00
Small	\$6.00	<i>Chicken Mornay</i>	
Large	\$8.50	<i>Pepper Steak</i>	
		<i>Steak</i>	
Chicken Goujons	\$ 4.00	<i>Mini Beef</i>	\$1.70
<i>5 per serve</i>			
Dino Snacks	\$4.00	Karaage Chicken Bites	\$7.00
<i>5 per serve</i>		<i>with rice, mayo &amp; teriyaki sauce</i>	
Garlic Bread (V)	\$3.30	Spaghetti Bolognaise	\$5.50
Hot Pastries	\$5.50	Vegetable Lasagne (GF, V)	\$6.00
<i>Sausage Roll (GF)</i>			
<i>Spinach Roll (GF, V)</i>			

Tomato Sauce \$.030 | Barbeque Sauce \$0.30

### SUSHI \$5.50

Avocado (GF & V)	Tempura Vegetable (V)
Chicken Teriyaki and Avocado	Tuna & Avocado (GF)
Honey Chicken	



As at 15 April 2024

## ROLLS AND SANDWICHES \$6.00

*Gluten Free Rolls and Bread available*

*All bread and rolls are vegan with vegan 'butter' spread (Nuttelex) used*

Rolls: Salad (VG) or Chicken & Salad or Ham & Salad or Falafel & Salad (V)

Sandwiches: Ham, Cheese & Tomato or Ham and Cheese

## SNACKS

### Baked Treats

Ham & Cheese Mini Roll	\$2.70
Spinach & Cheese Mini Scroll (V)	\$2.70
Vegemite & Cheese Mini Scroll (V)	\$2.70
Chocolate Muffin (V)	\$4.00
Raspberry & White Chocolate Muffin (V)	\$4.00
Fun Bun (V)	\$2.00

### Chilled Treats

Chocolate Mousse (GF, V)	\$2.50
Frozen Mini Yoghurt Stick (V)	\$1.50
Frozen Twisted Yoghurt (V)	\$3.50
Coconut Ice Cream Cup (DF, GF, V)	\$2.50
Ice Cream Cup (GF, V) (various flavours)	\$2.50

### Crisps

Grainwaves (V)	\$1.70
Popcorn (GF, V)	\$1.70
Sea Salt (V)	\$1.70
Cheese & Crackers	\$2.50
Sultanas	\$1.00

### Fruit

Fruit Salad (cup)(GF, V)	\$3.50
Fruit Salad (tub) (GF, V)	\$5.50
Diced Watermelon (cup)(GF, V)	\$3.50
Diced Watermelon (tub)(GF, V)	\$5.50
Chopped & Frozen Fruit (GF, V)	\$1.50

*Frozen items are collected directly from the Canteen rather than delivered to classrooms with remainder of order*

## DRINKS

### Iced Tea

Raspberry (250ml)	\$3.00
Peach (250ml)	

### Juice

Apple (250ml)	\$3.50
Apple and Blackcurrant (250ml)	\$3.50
Orange (250ml)	\$3.50
Sparkling Grape (250ml)	\$3.50
Sparkling Watermelon (250ml)	\$3.50

### Milk

Flavoured (500ml)	\$4.50
Chocolate	
Chocolate Malt	
Strawberry	

Flavoured Milk (250ml)	\$3.50
Chocolate	
Strawberry	

Plain Milk (150ml)	\$1.50
Plain Milk (500ml)	\$3.00
Up & Go	\$3.50
Choc Ice	
Vanilla Ice	
Dairy Free Chocolate	

### Water

Water (600ml)	\$3.00
Sparkling Mineral Water (375ml)	\$3.00
Raspberry & Blueberry	
Passionfruit & Pineapple	

