



EMMANUEL ANGLICAN COLLEGE
Learning ~ Living ~ Leading

Canteen Price List 2018



The Canteen operates on
Monday, Wednesday, Thursday and Friday
 with Tuesday being a special lunch order day.

The EAC Canteen runs with one paid staff member, Christine Hall and a team of volunteers. For this service to continue we need parents, grandparents etc to help out. If you're able to help in the canteen please call Christine through the College office
 6681 5054
 email: chall@eac.nsw.edu.au

EAC is a Healthy School Canteen.
 All items marked with an * should be an occasional food.

Please let the canteen know in writing if your child has any food allergies or special dietary requirements.
This is VITAL

HOT FOOD

Lunch time only

Lite Lunch Pie 160g	\$3.50
Lite Junior Pie 85 g	\$2.50
Potato Pie	\$3.50
Lite Sausage Roll 140g	\$3.00
* Spinach & Ricotta Rolls	\$3.00
* Chicken Mornay Pie	\$5.00

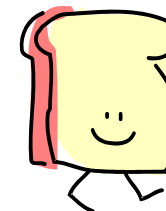
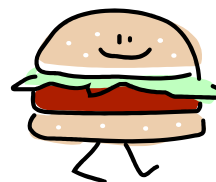
Chicken Burger with Lettuce and Mayo	\$4.00
Sweet Chilli Burger with Lettuce and Mayo	\$4.50
Veggie Burger with Lettuce and Mayo	\$4.00
Hamburger with Lettuce and Tomato Sauce	\$4.00
Full Salad on Burgers	\$0.80
Chicken Pattie on Bread, Lettuce and Mayo	\$3.50

Chicken Nuggets	\$0.50
Dino Nuggets x 6	\$3.00
Sweet Chilli Chicken Tenderloin	\$1.50

Fried Rice (Veggie, Chicken 50c extra)	\$3.00
Lasagna 200g	\$3.50
Pizza (Ham & Pineapple, Cheese & Bacon)	\$3.00

TUESDAY SPECIAL LUNCH DAYS - check newsletter for details

Sushi	\$3.50
Noodle Box	Kids Box \$6.50, Small \$8.00 & Regular \$10.00
Subway	\$7.00 & \$8.00
Tomato, BBQ or Soy Sauce sachet	\$0.30



SALADS

Salad Tub	\$5.00
Salad Tub with Chicken <u>or</u> Ham	\$5.50
Salad Tub with Tuna <u>or</u> Salmon	\$5.50
Jurassic Salad (Salad, Mayo & 6 Dino Nuggets)	\$5.50

SANDWICHES

Lunch time only	
Ham <u>or</u> Tomato	\$3.00
Vegemite <u>or</u> Cheese	\$2.50
Tuna <u>or</u> Salmon with Mayo & Lettuce	\$4.00
Chicken & Mayo Sandwich	\$4.00
Salad (lettuce, tom, carrot, cuc, beet, cheese)	\$4.50
Salad with Ham <u>or</u> Chicken	\$5.00
Salad with Tuna <u>or</u> Salmon	\$5.00
Extra Fillings (mayo, tomato, cheese) each	\$0.30
Full Salad	extra \$0.80
Toasted or on a Roll	extra \$0.70

Lavish Rolls

Sweet Chilli Chicken Wrap -	Full \$6.50	Half \$4.00
Salad	Whole \$5.00	Half \$3.00
Salad, Ham or Chicken -	Whole \$6.00	Half \$4.00

GLUTEN FREE WRAP / SANDWICH

No Extra Cost

DRINKS

FM Milk (Choc, S'berry, Banana or Choc Malt)	\$3.70
Milk 250ml-calcium (Choc, S'berry or Banana)	\$2.50
Water: Small 350ml \$1.20, 600ml \$1.70, 1 Litre	\$2.70
Fruit Juice (Apple, Orange, A B'current)	\$2.00
Milk - Plain 150ml \$1.00 600ml	\$2.00
* Kyneton Mineral Water 600ml	\$3.20
Focus Sports Water	\$2.70

SNACKS

Fruit Salad Tubs	\$4.00
* Cheese & Bacon Roll	\$3.10
* Cheese & Spinach Scroll	\$3.50
* Cheese & Tomato Scroll	\$3.50
* Cheese & Vegemite Scroll	\$3.50
* Finger Buns	\$2.30
Low Fat Muffins	Small: \$2.50 Large: \$3.50
(Choc- Chip, Blueberry, Jaffa Choc-Chip, R'berry, Apple Crumble)	
* Custard Tarts	\$3.50
Banana Bread	\$2.00
Mixed Fruit Cups (fresh yoghurt \$0.50 extra)	\$1.20
Chocolate Mousse (lite)	\$1.20
* Ovaltines	\$0.80
Chips / Veggie Chips	\$1.20
Jelly Cups	Small: .80 Large: \$1.20
Ice Cream Cups	\$1.00
* Lemonade Icy Twists	\$1.10
* Paddlepops—Chocolate / Rainbow	\$1.60
Moosies	\$1.00
* Iced Mony's / TNT's	\$0.80
Quelch (Fruit)	\$0.50
Frozen Yoghurt (Strawberry or Mango)	\$2.00
Frozen Fruit Pieces 20 cents Frozen Fruit Bags	\$0.80
FRUIT —Seasonal (Check newsletter)	Seasonal Prices

LUNCH ORDERS

All orders must be received at the canteen before 9.00 am. **Late orders will only receive either a vegemite or cheese sandwich.**

PRIMARY LUNCH ORDERS

Please place the money in a paper bag of *sufficient* size to fit all of the lunch items. If you are ordering a drink with your child's lunch please provide **two (2) bags**. Please write the information on the **LOWER** half of the bag. If money is short we will substitute items to the value received.

REMEMBER, if ordering **RECESS**, you must have a separate recess bag.

LUNCH BAG 1 (For Food): Name, Class, Teacher, Lunch Order (John Smith, Mr Falvey, 3A, 1 Junior Pie)

LUNCH BAG 2 (For Drink

): Name, Class, Drink/Cold Order (John Smith, Mr Falvey, 3A, 1 Orange Juice, 1 Quelch)

Any change required will be placed in the bag for return with the child's lunch order.

Frozen items will not be delivered. Children will need to bring their stamped paper bag to the canteen to obtain their frozen item.